

Appendix 1b

**Lymphoedema Quality of Life Study (LYMQOL) LEG**

If any of the items are not applicable to you, please write N/A in the relevant answer box(es).

(1) Has your swollen leg(s) affected:				
	Not at all	A little	Quite a bit	A lot
a) your walking				
b) your ability to go up and down stairs				
c) your ability to bend, e.g. to tie shoelaces or cut toenails				
d) your ability to kneel				
e) your ability to stand				
f) your ability to get into/out of a car				
g) Your ability to get on/of public transport, e.g. trains/buses				
h) your ability to get up from a chair				
i) your ability to drive a car				
j) your occupation				
k) your ability to do housework				

(2) Does the swelling affect your leisure activities/social life?				
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Please give example(s) of this.

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(3) How much do you have to depend on other people?				
(4) How much do you feel the swelling affects your appearance?				
(5) How much difficulty do you have finding clothes to fit?				
(6) How much difficulty do you have finding clothes you would like to wear?				
(7) Do you have difficulty finding shoes to fit?				
(8) Do you have difficulty finding socks/tights/stockings to fit?				
(9) Does the swelling affect how you feel about yourself?				
(10) Does it affect your relationship with your partner?				
(11) Does it affect your relationships with other people?				
(12) Does your lymphoedema cause you pain?				
If so, do you have pain in the				
foot/feet				
leg/legs				
hip(s)				
back				
elsewhere — if so, where?				
(13) Do you have any numbness in your swollen leg(s)?				
(14) Do you have any feelings of 'pins and needles' or tingling in your swollen leg(s)				
(15) Does (do) your swollen leg(s) feel weak?				
(16) Does (do) your swollen leg(s) feel heavy?				
(17) Does (do) your swollen foot (feet) feel 'old'?				
(18) Have you had any leakage of fluid from your leg(s)				
<b>In the past week</b>				
(19) Have you had trouble sleeping?				
(20) Have you had difficulty concentrating on things, e.g. reading?				
(21) Have you felt tense?				
(22) Have you felt worried?				
(23) Have you felt irritable?				
(24) Have you felt depressed?				
(25) Overall, how would you rate your quality of life at present? Please mark your score on the following scale:				

Poor	0	1	2	3	4	5	6	7	8	9	10	Excellent
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Thank you for completing this form.

If you have any comments or queries about it, please discuss these with.....

Dr V L Keeley, Consultant

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